

Retrograde: Extras

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Mercury Retrograde in the Houses

Mercury Retrograde in the 1st House

When Mercury retrogrades in your 1st house, this is the house of the self, so literally anything and everything can go wrong. Any area of your life can be impacted, and you have a hard time understanding anything, being understood, getting things done on time and correctly, and can feel overwhelmed. You can also experience physical issues and get cuts, bruises, bang knees and elbows, etc. especially if Mercury will harshly hit your Sun, ruler of the 1st or 6th house, or cross over the 1st house cusp. This is a good time to go back and do things over again that you've wanted another shot at. This transit rules second chances of any kind.

Mercury Retrograde in the 2nd House

When Mercury retrogrades in your 2nd house, this is the house of money, so you can experience financial problems. You have an unexpected expense come up, you overlooked something in your budget, added up the wrong figures and miscalculated, or lose/stop a second job or side gig you've been doing for extra money. It's always a good idea to put money away before this transit begins so you're prepared for any financial hiccups. You also feel less confident, are more unsure of yourself and full of self-doubt, and can question your safety and security in life, as well as your values. This is a good time to make money in ways you've made money before.

Mercury Retrograde in the 3rd House

When Mercury retrogrades in your 3rd house, this is the house of the mind and one of the houses Mercury naturally rules, so you have great difficulty with communication. You have a hard time understanding others, they have a hard time understanding you, you have miscommunications, you have fights, delays with projects, problems with technology, electronics, or the internet, and trouble dealing with smaller projects. You can also have difficulties with younger people, siblings or neighbors, and with short travel (along with the things you use for short travel, so cars, buses, bicycles, etc.). This is a good time to pick up old writing, have a conversation over again, or reconnect with a sibling or neighbor.

Mercury Retrograde in the 4th House

When Mercury retrogrades in your 4th house, this is the house of the home and family, so you can have problem with your home or family. With the home, you see all sorts of little things come up, like pipes bursting, a flooded basement, an outlet that shocks you, an appliance that dies, a hole in the wall, etc. With the family, you can have fights and misunderstandings, and find it difficult to deal with them. This is a good transit to do remodeling, redecorating, or picking up old home improvement projects again, as well as reconnecting with a long-lost relative.

Mercury Retrograde in the 5th House

When Mercury retrogrades in your 5th house, this house rules love, so you can feel that you have less love for everything in your life. You enjoy everything less, and lack a spark with your loved ones and hobbies. If attached, you get into fights and have misunderstandings with your partner. If single, you have a harder time meeting anyone new. If you have children, you have more fights and misunderstandings with them, and they seem more rebellious. You want to spend more time on your hobbies and away from work but can't take the time off, or you don't want to play at all but have too much time off. This transit is good for reconnecting with an old flame, and taking up an old hobby again.

Mercury Retrograde in the 6th House

When Mercury retrogrades in your 6th house, this is the house of work, so you can experience problems at work. You have fights and misunderstandings with co-workers, you don't meet deadlines, you miss the details, you have to do work over and over again. Some people lose or quit their jobs during this transit, especially if Mercury crosses over the cusp or harshly hits the ruler of the 6th house. This house also rules health, so you can experience health issues, with old health problems resurfacing. This is especially the case if Mercury harshly hits the Sun or ruler of the 6th house. And this house rules your pets, so you can have an issue with your pet. This transit is good to go back to an old employer or job you used to work before, retry a health regimen, get a pet again, or go back to an old doctor.

Mercury Retrograde in the 7th House

When Mercury retrogrades in your 7th house, this is the house of relationships, so you have fights and misunderstandings with your loved ones, partners, and those you're closest to. If attached, you can have extra trouble with your partner. If single, you have a hard time meeting anyone new willing to commit. This house also rules the enemies you're aware of, so they can be extra troublesome. With the 7th house, you want more balance but have a hard time finding it, and want more peace but everything seems to be chaos. This transit is good for reconnecting with an old partner, reconciling with an enemy, or recommitting yourself to something.

Mercury Retrograde in the 8th House

When Mercury retrogrades in your 8th house, this is a heavy sector in the chart, so you can feel very emotional and at a distance from the world. You desire closeness with others, but feel further away. You can be overly emotional, prone to outbursts, and take everything way too seriously. You're pessimistic, down about life, and way too realistic. This is also a bad time for dealing with other people's money (taxes, debts, loans, inheritances, joint finances). This transit is good for reconnecting with an old lover or business partner.

Mercury Retrograde in the 9th House

When Mercury retrogrades in your 9th house, this is an optimistic house, so you tend to be overly optimistic or pessimistic. This house rules long-distance travel, so you can have problems going far, especially by plane, with cancelled flights, delays, lost luggage, etc. This house rules the law, so if you have a legal issue, it can become complicated now. And this house rules higher learning, so if you're in college/university, you can struggle with the work. This transit is good to go back to school, travel somewhere you've been to before, or revisit a legal problem.

Mercury Retrograde in the 10th House

When Mercury retrogrades in your 10th house, this is the house of career, so you can have problems with your career. You have fights and misunderstandings with bosses and mentors, make a bad first impression, and don't come across well at all. You have a hard time creating clear plans of action for your goals, or understanding your goals well. You can be irresponsible, immature, and lack discipline. This transit is good for going back to a career you used to be in and want another shot at, or giving a goal a second try.

Mercury Retrograde in the 11th House

When Mercury retrogrades in your 11th house, this house rules your friendships, so you can have fights and misunderstandings with your friends, even walking away from a friendship (though it may only be temporary). You also have trouble with groups that you belong to, and can feel like quitting them, or they want you out. You have trouble with

groups in general, and stay out of crowds, and if you have to do anything in front of a crowd, it's more nerve-wracking. The biggest impact of this transit is you begin to doubt your dreams for your future, questioning if what you hope for is possible, and feeling that you need to be more practical with what you want. This transit is good for pursuing an old dream, reconnecting with an old friend, or rejoining a group you used to belong to.

Mercury Retrograde in the 12th House

When Mercury retrogrades in your 12th house, this house rules endings and the past, so you can see things you thought you had finished, were over and done with a long time ago, come back into your life. Anything you need to let go of, you have a harder time doing so. Since this house rules the subconscious mind, you can become painfully aware of subconscious issues and motivations, and you can suffer from insomnia and bad dreams. Your intuition can be on the fritz as well, and enemies that you aren't aware of work against you. This transit is good to revisit past issues, start up therapy, or reconnect with your spirituality.

Mercury Retrograde Aspects

Mercury Retrograde to the Natal Sun

If Mercury retrograde squares or opposes your natal Sun, you can experience internal or external opposition and strife. You feel at war with yourself and/or others, and constantly have misunderstandings and fights. You lack opportunities, vitality, and have problems with men. You can have accidents or feel sick. If Mercury retrograde sextiles or trines your natal Sun, you can take advantage of old opportunities, and try to create second chances for yourself. If Mercury retrograde conjuncts your natal Sun, your communication problems are amplified, your focus can be all over the place, and you have to be careful of physical injury or illness.

Mercury Retrograde to the Natal Moon

If Mercury retrograde squares or opposes your natal Moon, you can experience problems emotionally, feeling emotionally uneasy, getting hurt easily, and being too subjective. You can have problems with women, your family, and your security. If Mercury retrograde sextiles or trines your natal Moon, you can revisit emotional issues to try and resolve them, and feel greater ease with old emotional problems. If Mercury retrograde conjuncts your natal Moon, your emotional

problems are heightened, and you're injured emotionally far too easily. You need to find a way to express what you're feeling.

Mercury Retrograde to Natal Mercury

If Mercury retrograde squares or opposes your natal Mercury, your communication problems are strong, and you have lots of fights and misunderstandings with others. You also have trouble with technology, young people, coming up with ideas, learning, and feel anxious and nervous. If Mercury retrograde sextiles or trines your natal Mercury, you can revisit old ideas, re-learn something you've forgotten, or have a conversation over again. If Mercury retrograde conjuncts your natal Mercury, you experience a Mercury return and will have 3, making this a time of change with your communication and learning, and you're focused on something important.

Mercury Retrograde to Natal Venus

If Mercury retrograde squares or opposes your natal Venus, you have a hard time relating to others, and have trouble with your relationships. You can be lazy and indulgent, and less than tactful. You don't choose your words well, and stick your foot in your mouth. If Mercury retrograde sextiles or trines your natal Venus, you can reconnect with people you used to know, especially old partners/loves. If Mercury retrograde conjuncts your natal Venus, your relationship issues are amplified, and

you can say mean things on purpose to hurt others. You have to think about what you're going to say before you say it to avoid that, and not say anything you'll regret later.

Mercury Retrograde to Natal Mars

If Mercury retrograde squares or opposes your natal Mars, you get into lots of fights with people over anything and everything, are overly defensive, and your energy can be too high or too low. You're easily irritated, and snap fast. You lack the drive to get anything started. If Mercury retrograde sextiles or trines your natal Mars, you can start something that you had abandoned long ago, become driven with something you had given up on, or do a physical activity you had stopped. If Mercury retrograde conjuncts your natal Mars, your defensiveness and quickness to fight are heightened.

Mercury Retrograde to Natal Jupiter

If Mercury retrograde squares or opposes your natal Jupiter, you're way too lazy, indulgent, and are so optimistic that you use it as an excuse to not do anything. You can lack opportunities, want to expand your world but can't, or feel that your world is too wide open and it freaks you out. If Mercury retrograde sextiles or trines your natal Jupiter, you can revisit old opportunities, try to expand your life in ways you tried before, or re-learn things you've forgotten. If Mercury retrograde conjuncts your

natal Jupiter, your problems with expansion and indulgence are heightened.

Mercury Retrograde to Natal Saturn

If Mercury retrograde squares or opposes your natal Saturn, you're immature, irresponsible, and don't want to deal with your life. You try to pawn everything off on everyone else, and run from your duties. You feel overwhelmed, burdened, fearful, and cautious. If Mercury retrograde sextiles or trines your natal Saturn, you can re-commit to something, take on an old responsibility, and try to be practical. If Mercury retrograde conjuncts your natal Saturn, your issues with your responsibilities and maturity are amplified, but if you can maintain self-discipline, you can get things done.

Mercury Retrograde to Natal Uranus

If Mercury retrograde squares or opposes your natal Uranus, you're restless and bored, wanting life to change and jumping into things without any thought, or you're scared of change and resist it at all costs. If Mercury retrograde sextiles or trines your natal Uranus, you can try to make a change that you wanted to make in the past. If Mercury retrograde conjuncts your natal Uranus, your issues with change are

heightened, and you can be more rebellious. If you can resist being impulsive, you can make changes you want to make.

Mercury Retrograde to Natal Neptune

If Mercury retrograde squares or opposes your natal Neptune, you have a hard time staying in touch with reality, seeing what's really in front of you, can be too vulnerable and easily victimized, deceived, and taken advantage of. You have to protect yourself more. If Mercury retrograde sextiles or trines your natal Neptune, your imagination is heightened, and you can revisit a creative or artistic hobby. If Mercury retrograde conjuncts your natal Neptune, you buy into illusions and delusions, and you can't concentrate on anything with your head lost in fantasy.

Mercury Retrograde to Natal Pluto

If Mercury retrograde squares or opposes your natal Pluto, you have power struggles and control issues with other people, and they want to control you or vice versa. You can be too intense and obsessive. If Mercury retrograde sextiles or trines your natal Pluto, you can research or investigate something you've wanted to know about, or make something old new again. If Mercury retrograde conjuncts your natal Pluto, your power struggles and control issues are amplified. You can

work on being someone people take seriously if you avoid being controlling.

Venus Retrograde in the Houses

Venus Retrograde in the 1st House

When Venus retrogrades in your 1st house, you become lazy and indulgent to the max. You don't want to do a thing except lounge around, and you want everything to be done for you. You can eat too many sweets, take too many naps, and just let things go without doing anything. You're less charming, lack grace and tact, and have a harder time getting along with people.

Venus Retrograde in the 2nd House

When Venus retrogrades in your 2nd house, you become more stubborn than usual, unwilling to budge from your position. Mostly, you're too lazy to move from your position, and too busy indulging. Since this is the house of money, you can splurge too much on things you don't need, and end up with lots of self-inflicted financial problems when the transit is over.

Venus Retrograde in the 3rd House

When Venus retrogrades in your 3rd house, you don't care if you say the right thing at the right time, and tend to stick your foot in your mouth repeatedly. You're lazy mentally, lack mental discipline and focus, and are an incessant gossip. You have trouble getting along with siblings, neighbors, young people, and those in your community. You can also experience tech issues.

Venus Retrograde in the 4th House

When Venus retrogrades in your 4th house, you're lazy at home, not wanting to deal with anything that comes up. If a pipe leaks, you stick a bucket under it and forget about it. If an outlet zaps you, you walk it off and forget about it. You just don't want to be bothered to deal with your home. Moving can take forever, and buying/selling property is extra difficult. You also don't want to deal with family issues, and have a harder time getting along with family.

Venus Retrograde in the 5th House

When Venus retrogrades in your 5th house, you're lazy in love, and you want love but don't want to do anything to get it. If in a relationship, you have a harder time getting along with your partner. If single, you don't meet anyone worth your time. If you have children, they're especially lazy and rebellious. If you're the creative type, you can feel your inspiration has been zapped.

Venus Retrograde in the 6th House

When Venus retrogrades in your 6th house, you're lazy with work, and don't want to deal with all of the little projects, tasks, and chores that pile up. You're bad with details, lack structure and are disorganized, and have a hard time getting along with those you work with. You're also lazy with your health, overindulgent with food and avoiding exercise and your health regimen, and can add on weight.

Venus Retrograde in the 7th House

When Venus retrogrades in your 7th house, you're lazy with your relationships, and have a hard time getting along with those you're closest to. If in a relationship, you feel less love in the relationship. If single, you have difficulty finding anyone who wants to commit. You feel out of balance, vacillating, and lack harmony in your life. You can feel uncomfortable in one-on-one settings.

Venus Retrograde in the 8th House

When Venus retrogrades in your 8th house, you have a hard time dealing with other people's money (taxes, debts, loans, inheritances, joint finances), and can be more selfish, not wanting to share with anyone. You don't care to research and investigate or get to the heart of the matter. You can lack passion. You're lazy with change, and your will is weaker.

Venus Retrograde in the 9th House

When Venus retrogrades in your 9th house, you can be overly optimistic, or overly pessimistic. Travel can be a problem, along with learning, and if in school, you're especially lazy with schoolwork. Legal issues can be drawn out, and you have a hard time compromising. Expanding your world seems daunting, and you don't want to put in the effort.

Venus Retrograde in the 10th House

When Venus retrogrades in your 10th house, you're lazy with your goals, not wanting to put in any hard work, and lacking discipline and determination. You have difficulty getting along with bosses, parents, mentors, and make bad impressions. Attention you get can be for the wrong reasons, and your public image can take a hit. You don't want to get further along your life path, and don't care what direction you're going in.

Venus Retrograde in the 11th House

When Venus retrogrades in your 11th house, you're lazy with your friendships, and have a hard time getting along with your friends. A friendship can be on the outs. You have a hard time with groups you belong to, and feel uncomfortable with groups in general. If you have to appear in front of a group, you don't come across well. You don't do anything to pursue your hopes and dreams for your future.

Venus Retrograde in the 12th House

When Venus retrogrades in your 12th house, you're lazy but you don't quite realize it. You don't want to deal with subconscious issues or the past, and feel that it'll be dealt with another time. Enemies can be more troublesome. You don't want to let go of anything, not wanting the chance and not wanting to move from your place. You're uncomfortable alone, but spend more time alone anyway.

Venus Retrograde Aspects

Venus Retrograde to Natal Sun

If Venus retrograde squares or opposes your natal Sun, you can be extra indulgent, lazy, and selfish. You can lack tact, you don't care about doing what needs to be done, and you want everyone to do everything for you. If Venus retrograde sextiles or trines your natal Sun, you can reconnect with people you haven't seen in some time, with old hobbies, or old loves. If Venus retrograde conjuncts your natal Sun, you can avoid work completely, want to indulge to the max, are extra sensual, but can also be more artistic/creative if you apply yourself.

Venus Retrograde to Natal Moon

If Venus retrograde squares or opposes your natal Moon, you can be more indulgent, especially with food, when you're emotional, and take upsets more to heart. Your jealousy and stubbornness can be worse. If Venus retrograde sextiles or trines your natal Moon, you can do things again that you used to enjoy, reconnect with relatives, and do things to comfort yourself that you used to do. If Venus retrograde conjuncts your natal Moon, you can be extra sensitive to what people say and think about you, but you can also reconnect with your emotional self.

Venus Retrograde to Natal Mercury

If Venus retrograde squares or opposes your natal Mercury, you can be mentally lazy, lack tact, and be more stubborn. If Venus retrogrades

sextiles or trines your natal Mercury, you can revisit old ideas, become interested in things you used to like again, or reconnect with others mentally. If Venus retrograde conjuncts your natal Mercury, you can lack mental discipline, but also can reconnect with your mind. The sextile, trine, or conjunction can be good for going back to school.

Venus Retrograde to Natal Venus

If Venus retrograde squares or opposes your natal Venus, you can be lazier, more indulgent, and more stubborn. You can have difficulties in love and your relationships, as well as financially. If Venus retrograde sextiles or trines your natal Venus, you can reconnect with people, reconsider financial opportunities, or feel better about yourself. If Venus retrograde conjuncts your natal Venus, you can experience a time of major change and growth with your relationships, your attitude toward love and relationships, and change what you feel you need to.

Venus Retrograde to Natal Mars

If Venus retrograde squares or opposes your natal Mars, you can be more aggressive, especially in your relationships, and more argumentative. Your passion runs higher and requires a physical outlet. If Venus retrograde sextiles or trines your natal Mars, you can reconnect with someone physically, rediscover a passion for something, or retry a journey. If Venus retrograde conjuncts your natal Mars, you can be more passionate and need something to focus that on, be more creative but need an outlet, or be more energized and need to calm yourself.

Venus Retrograde to Natal Ceres

When Venus retrograde sextiles or trines natal Ceres, this can bring helpful energy for your relationships and dealings with others. You can find new ways of getting and giving support, of feeling connected, and showing you care.

When Venus retrograde squares or opposes natal Ceres, others may be more frustrating to deal with, and you may find they're extra stubborn, or you may be the stubborn one. You may not want to deal with them, but this can create bigger problems. You may feel you don't have the resources you need, which can lead to extreme frustration.

When Venus retrograde conjuncts natal Ceres, this can be strong energy for focusing on your resources and finances, and you can find new ways of improving your financial situation or having new, different resources available to you. You can bring nurturing energy to your dealings with others in new ways.

Venus Retrograde to Natal Jupiter

If Venus retrograde squares or opposes your natal Jupiter, you can be lazier, come up with bigger ideas that you won't follow through with, or make promises you won't keep. If Venus retrograde sextiles or trines your natal Jupiter, you can revisit old ideas, recommit to promises, or revisit places you've been to before. It's also a good time for going back

to school. If Venus retrograde conjuncts your natal Jupiter, you can feel extra good and lucky, but need to make sure you don't push your luck, and can come up with big ideas but need to be more practical.

Venus Retrograde to Natal Saturn

If Venus retrograde squares or opposes your natal Saturn, you can lack discipline, maturity, and be irresponsible, not wanting to deal with any of the things you're supposed to. If Venus retrogrades sextiles or trines your natal Saturn, you can refocus on old goals, old plans, and old ambitions. If Venus retrograde conjuncts your natal Saturn, you can take up an old goal but need to remain focused, and have difficulty with your work ethic if you don't push yourself.

Venus Retrograde to Natal Uranus

If Venus retrograde squares or opposes your natal Uranus, you can either completely avoid going outside of your comfort zone to your detriment, or feel so restless and bored that you act impulsively, and this is especially true in your relationships and financially. If Venus retrograde sextiles or trines your natal Uranus, you can redo old changes, rethink future plans, or re-embrace the uniqueness about you. If Venus retrograde conjuncts your natal Uranus, you can want independence but not want to do anything about it, or want change but lack the drive.

Venus Retrograde to Natal Neptune

If Venus retrograde squares or opposes your natal Neptune, you can have too many daydreams and fantasies, be out of touch with reality, especially in relationships and financially, and don't want to deal with the mundane. If Venus retrograde sextiles or trines your natal Neptune, you can revisit creative ventures, rediscover your compassionate side, or give someone a second chance. If Venus retrograde conjuncts your natal Neptune, you have to watch for being taken advantage of by people. Be compassionate but not delusional. With all aspects, your creativity can be much higher.

Venus Retrograde to Natal Pluto

If Venus retrograde squares or opposes your natal Pluto, you can be overly dominant in your relationships, struggle over power and control with others, or be dominated by others. If Venus retrograde sextiles or trines your natal Pluto, you can rediscover your power and authority, re-transform something, or retake control of something. If Venus retrograde conjuncts your natal Pluto, you can desire power but need to not be controlling, and want to make something better but can lack the energy for it.

Mars Retrograde in the Houses

Mars Retrogrades in the 1st House

When Mars retrogrades in your 1st house, this can be a time of major aggression. You can have a very short temper, and get into it with everyone over every little thing. You get easily riled up, and want to fight with people. You can be too defensive and too quick to fight. You have to work on having better control of your anger, and this transit could highlight anger issues that you have. You can also be more impulsive, and not think before you do anything. Try not to let yourself jump without looking first so you don't throw yourself off of a cliff. This is a good time for discovering assertiveness. Watch for little accidents and injuries.

Mars Retrograde in the 2nd House

When Mars retrogrades in your 2nd house, you can focus too much on your finances, wanting more money but also wanting to spend more money. You can easily spend yourself into trouble, and have to watch for impulse shopping. You can put too much emphasis on possessions and match your value to your valuables, which isn't the same thing. If you tend to be a materialistic person, this becomes worse. You have to work on being smart with your finances during this transit, and find better ways to measure your worth. Your confidence can be too high or too low with this transit as well.

Mars Retrograde in the 3rd House

When Mars retrogrades in your 3rd house, you can be more defensive than usual, especially of your ideas, and quick to fight people. You can get in a lot more arguments over little things. You can be too forgetful, too quick to move on to something else, and get bored much too easily. You want to have lots of different things to keep your mind occupied, but can still be unsatisfied. You can be scatterbrained, have too much on your mind, have way too much mental energy, and are more fidgety and anxious from all of the mental energy. Mental outlets are very important with this transit.

Mars Retrograde in the 4th House

When Mars retrogrades in your 4th house, you can have trouble with your emotions, prone to more angry outbursts when upset, and throwing fits. You're easily stirred emotionally, and the more emotion you feel, the worse your reaction can be. You have to work on having better control when you're upset, and have an outlet for your feelings. You can crave more support from those around you, but struggle to have enough, no matter how much they give. Issues with family can come about, and you can have more fights with them. You can also find yourself getting into accidents when you become very emotional.

Mars Retrograde in the 5th House

When Mars retrogrades in your 5th house, you can have issues with loved ones, and you can get into more fights with them, especially in a

new relationship or with children. You may want to focus so much on your hobbies that you ignore your work and responsibilities, or feel that you have so much work and responsibilities, you have no time for your hobbies, and that frustrates you. You need to strike a balance between work and play. If single, you can have difficulty finding anyone you're truly interested in, meeting a lot of casual suitors. You can also see the return of an ex, and it may be passionate, but does it last?

Mars Retrograde in the 6th House

When Mars retrogrades in your 6th house, you can have issues at work and with your work, getting into it with coworkers and the people you work with/for, having too much or too little energy for the work you do, or feeling frustrated by your work. You can lack drive with work projects and opportunities, and may want to change your course, though doing that during the retrograde may not stick. It can be good to go back to an old job. You can also have health issues, and you can experience health problems as the result of anger and stress, so you need to not take on too much and work on handling your anger and stress in a healthy way.

Mars Retrograde in the 7th House

When Mars retrogrades in your 7th house, you can have problems in your relationships. You're too quick to get into fights with loved ones and partners, and you can be overly defensive with them. You're impatient and easily frustrated with the people in your life, and have to calm yourself. You can be uncompromising and out of balance. It's important

for you to not let your anger or stress get the better of you with your loved ones, otherwise relationships can get to a breaking point. For some, this can be a time of breaking up. Some can also see the return of an old partner. Try not to let your competitive side take over too much as well.

Mars Retrograde in the 8th House

When Mars retrogrades in your 8th house, you can have some major rage problems. If you have any anger that you hold deep inside of yourself, it can come roaring out now when you're the slightest ticked off. This transit shows you that shoving away your anger isn't a good thing, and you need to let it out. Try to have some sort of outlet for your feelings during this transit so you're not blowing up on everyone. You can also have problems with other people's money (taxes, debts, inheritances, loans, joint finances) and business partnerships, not seeing eye-to-eye with other people, and having power and control issues. Try not to be dominating or dominated.

Mars Retrograde in the 9th House

When Mars retrogrades in your 9th house, you can be overly defensive of your beliefs, holding on to them strongly and fighting against anyone who disagrees, but you have to work on not trying to convince people of your beliefs, your choices, your way. Everyone is entitled to their own opinions, and you're wasting your breath trying to convince people they're wrong. You can also have issues with travel, especially to far

places or by plane, and issues with education (especially college/university), communication, or expansion. You can be overly optimistic at times with this transit, and should watch for making too many promises you don't keep, or talking too big and not backing it up.

Mars Retrograde in the 10th House

When Mars retrogrades in your 10th house, you can have problems with your career, feeling frustrated by a lack of progress or by thinking that you're going in the wrong direction with your goals for your life, and you can get into it with people who try to help steer you, especially your elders (parents, bosses, and mentors). You can push yourself too much to succeed, and judge yourself too harshly when you fail. Your whole identity can be tied up in your success or your setbacks, but you have to separate the two. You can question your direction with this transit, and while you're driven to change your direction, it might not be the best time to do so. It is good for revisiting career options and old goals.

Mars Retrograde in the 11th House

When Mars retrogrades in your 11th house, you can have issues with your dreams for your future, feeling frustrated or impatient with the fact that you haven't achieved them yet, and wanting to make the future right now, but likely encountering blocks. Patience is vitally important, and avoiding doing anything too impulsive. You can get into it with your friends or groups you belong to, and you can be aggressive with groups of people, your friends, or online. Try to avoid being a bully. You may

desperately want to be your true, eccentric self, but encounter opposition when you do, or feel stifled in some way, and can act out with rebellion.

Mars Retrograde in the 12th House

When Mars retrogrades in your 12th house, you can see problems from the past come back to bite you, and you can become frustrated and aggravated by them. You just want to let them go and get rid of it completely, but it can stick around and annoy you. Your subconscious motivations can become front and center, and you're easily irritated over things that trigger subconscious issues, no matter how tiny. It's a time for you to face those things from the past and subconsciously that have hindered you and your life. Your intuition can be a little off as well, especially when you become angry, and you can have bouts of insomnia while also experiencing physical lethargy at times. Be mindful of your enemies as well, and avoid bad places with bad people.

Mars Retrograde Aspects

Mars Retrograde to Natal Sun

If Mars retrograde squares or opposes your natal Sun, your temper can flare too easily, and you're ready to strike at anyone who you feel slights you even a little. You're too quick to argue, and you have to find a physical outlet for your erratic energy. If Mars retrograde sextiles or trines your natal Sun, you can focus on old projects, ideas, and opportunities that you didn't follow through on before and give them another shot now. If Mars retrograde conjuncts your natal Sun, you can have a mountain of energy that needs a lot of outlets so you don't blow up on people, and you're easily aggravated, frustrated, and stressed. Watch for accidents and injuries. You can also have more issues with men.

Mars Retrograde to Natal Moon

If Mars retrograde squares or opposes your natal Moon, when you become upset emotionally, it comes out as anger and you can do things that you wish you hadn't later. You can feel like a victim and everyone is trying to hurt you, but you're just easily bruised right now. If Mars retrograde sextiles or trines your natal Moon, you can focus on your emotions about things from the past, gaining better understanding of your feelings, and refocus on what makes you feel comfortable and secure. If Mars retrograde conjuncts your natal Moon, you can have extra emotional energy that requires both physical and emotional

outlets so you're not too quick to snap. You can also have more issues with women.

Mars Retrograde to Natal Mercury

If Mars retrograde squares or opposes your natal Mercury, you can get into fights with anyone and everyone. You're quick to get into it with people, and everyone gets on your nerves. You don't know why people are being so irritating. If Mars retrograde sextiles or trines your natal Mercury, you can reassert your ideas, your opinions, and your mental prowess. If Mars retrograde conjuncts your natal Mercury, you can have extra mental energy that needs to be used, otherwise you can snap at anyone over any little thing. You need to keep busy and have something for your mind to focus on.

Mars Retrograde to Natal Venus

If Mars retrograde squares or opposes your natal Venus, you can have trouble with your relationships and loved ones. You easily get into fights with them, and your passionate side can be so active that you're constantly grumpy and moody. If Mars retrograde sextiles or trines your natal Venus, you can reconnect with your loved ones, with your passions, or with your body. If Mars retrograde conjuncts your natal Venus, you can have way too much passion that needs to have a physical and creative outlet, otherwise you can lose it with people easily.

Mars Retrograde to Natal Mars

If Mars retrograde squares or opposes your natal Mars, you can have energy that's all over the place, and your temper is just as all over the place. You can be overly defensive, and you seem to be looking for a fight with someone. If Mars retrograde sextiles or trines your natal Mars, you can rediscover your energy, your drive, and your stamina, or restart something. If Mars retrograde conjuncts your natal Mars, you can experience a time of major change with your energy, your drive, and your independence, and feel a shift internally.

Mars Retrograde to Natal Ceres

When Mars retrograde sextiles or trines natal Ceres, you can use your energy and drive in new, different ways to get and give support, be nurturing, or make use of resources. You may take the initiative in a way you haven't before.

When Mars retrograde squares or opposes natal Ceres, this can bring out frustrations with not feeling supported or not having enough, and this can make you lash out. You may feel deeply insecure and stressed out. You likely need a healthy outlet for the frustrations, and to go about things in a different way.

When Mars retrograde conjuncts natal Ceres, this can bring a surge of energy for having different resources or improving your financial situation in a different way. Your gut instincts can be killer when it comes

to these things, and you can be energized when you feel supported or give support in new ways.

Mars Retrograde to Natal Jupiter

If Mars retrograde squares or opposes your natal Jupiter, you can feel so good that you do absolutely nothing, and you talk a big game but don't back it up at all. You can be selfish and indulgent, and feel that luck will take you everywhere instead of hard work. If Mars retrograde sextiles or trines your natal Jupiter, you can refocus on opportunities to expand your life in new ways and have new experiences. If Mars retrograde conjuncts your natal Jupiter, you can make your own luck if you work on it and don't give in to laziness, selfishness, or indulgence.

Mars Retrograde to Natal Saturn

If Mars retrograde squares or opposes your natal Saturn, you can lack discipline and self-control. You don't want to work hard, lack focus, and can get into it with people who try to steer you in a certain direction. You feel you know what you're doing. If Mars retrograde sextile or trines your natal Saturn, you can refocus on work that must be done, on an old goal, or rediscover your hard-working side. If Mars retrograde conjuncts your natal Saturn, you can focus on what you have to if you can keep your anger and energy under control.

Mars Retrograde to Natal Uranus

If Mars retrograde squares or opposes your natal Uranus, you can be extremely restless and easily agitated, wanting change that you can't have, or wanting everything to stay the same and only getting change. If Mars retrograde sextiles or trines your natal Uranus, you can refocus on changes you want to make, or rediscover what makes you unique. If Mars retrograde conjuncts your natal Uranus, you can focus on change and on being yourself if you can prevent yourself from being too impulsive or erratic.

Mars Retrograde to Natal Neptune

If Mars retrograde squares or opposes your natal Neptune, you can get lost in your daydreams and fantasies, avoid reality, and be vulnerable to people who want to harm you, so you have to be careful you're not opening yourself up to the wrong people. If Mars retrograde sextiles or trines your natal Neptune, you can reconnect to your spiritual side, rediscover your imagination and creativity, or become more compassionate. If Mars retrograde conjuncts your natal Neptune, your imagination and creativity can surge, but you have to make sure you're tied down to something so you don't get completely lost to it.

Mars Retrograde to Natal Pluto

If Mars retrograde squares or opposes your natal Pluto, you can struggle over power and control, trying to dominate others or they try to dominate you, and you can have major rage problems. If Mars retrograde sextiles or trines your natal Pluto, you can retake your power

back or get control over something again, and reassert your position. If Mars retrogrades conjuncts your natal Pluto, you can be more powerful and controlling, and have to work on not using the power you have to dominate others, and not let your rage get the better of you.

Ceres Retrograde in the Houses

Ceres Retrograde in the 1st House

Ceres retrograde in the 1st house can bring out lots of existing and old issues regarding insecurity and lack. You may feel unsupported, and like you don't have what you need when you need it. Tackling the issues helps a lot, and you should try to spend more time taking care of yourself and tending to your own needs. You should be a priority in your life, and this retrograde can remind you of that. This can be a good time for a second chance with something that nourishes you.

Ceres Retrograde in the 2nd House

Ceres retrograde in the 2nd house can bring issues with resources and finances, stability and security. Something in life can either become incredibly chaotic, or it may get incredibly stuck. Grounding yourself is more important, yet there can be blocks that you need to work through in order to do so. Money might be tight, but it may also be a matter of perception or simply needed to be smarter. This can be a good time to make money or use resources in a way you have before that was helpful.

Ceres Retrograde in the 3rd House

Ceres retrograde in the 3rd house can impact your ability to voice support or to get words of encouragement from others. You may be insecure about what you say or how you say it, and can be hurt by the

words of others. Work on improving your confidence in your ability to express yourself, and tackle old issues that have gotten in the way. Take care of your mind as well. This can be a good time to pick back up an old idea with a nurturing approach.

Ceres Retrograde in the 4th House

Ceres retrograde in the 4th house can make your emotions stronger than usual, and you can be quite sensitive. Something or someone may trigger something at your core, an old issue that hasn't been worked through yet, and you can be quite emotional. Work on strengthening yourself internally, and giving yourself emotional support and comfort. Strengthen your external support system as well. This can be a good time to reconnect with those you think of as family or places you've lived before.

Ceres Retrograde in the 5th House

Ceres retrograde in the 5th house can bring out issues in your love relationships. You may feel unsupported by those you love, or have to deal with someone especially clingy. You can feel insecure without praise, but need to work on giving yourself validation instead of looking for it in the wrong places. This can be a highly creative period, though you may struggle with being productive with it. Try to give yourself time to enjoy yourself without any expectations.

Ceres Retrograde in the 6th House

Ceres retrograde in the 6th house can make you feel insecure with the work you do, with projects, tasks, and chores you accomplish, and just generally in your everyday life. But, you're likely going to be quiet about this, and it festers inside, making you anxious. Try to figure out what is making you feel this way, and work on tending to the details with it. Take a practical approach, and this can help you make progress. And make sure to go easy on yourself and don't rip yourself apart for a mistake. This can be a good time to pick back up an old project and improve stress management.

Ceres Retrograde in the 7th House

Ceres retrograde in the 7th house can bring out issues in your relationships and partnerships. You may feel unsupported by others, and feel you're giving too much. Work on having healthy boundaries, and tend to old relationship issues. You may need to improve balance and make sure support is flowing freely both ways. This can be a good time to reconnect with someone from the past, though you still have to keep in mind boundaries.

Ceres Retrograde in the 8th House

Ceres retrograde in the 8th house can stir up something deep inside, something you'd rather run from, that has contributed to insecurity, instability, and a feeling of not enough. Facing this and working through it may mean you need to make some sort of transformation, and this can be difficult at first but proves to give you a lot more power at the end.

Don't get lost in intense emotions, and make sure you're seeing the big picture and not getting lost in the details. This can be a good time to focus on improving your legacy and shared resources.

Ceres Retrograde in the 9th House

Ceres retrograde in the 9th house can make it so you either feel you have too much space and are kind of on an island alone, or you don't have enough and feel like you're suffocating. No matter which it is, work on getting to the core of why that is. Balancing the amount of space you have with the amount of responsibilities you have is important. Your beliefs can also be more important to you, but you may be closed-minded about it, and need to be respectful of others.

Ceres Retrograde in the 10th House

Ceres retrograde in the 10th house can make you feel stuck with a goal or that you're on the wrong path. That might not be true, but it can feel that way. Go with the slow energy, and take the time to assess your plans, go over where you've been so far, and make sure you've done all the homework you need to. Make sure you're doing this for the right reasons too. This can be a good period to reconnect with an old boss or pick back up an old goal that you can nurture now.

Ceres Retrograde in the 11th House

Ceres retrograde in the 11th house can make you feel less connected with friends or groups if you don't feel nurtured and supported by them.

This can be more important to you in your connections, and you may pull away from anyone you feel isn't supportive and encouraging. You can also feel insecure about your dreams, and may feel you need to walk away, but this is likely just the insecurity of the moment. Work on getting to the heart of why you're uncertain.

Ceres Retrograde in the 12th House

Ceres retrograde in the 12th house can make you feel drained by all of the support you've had to give to others. There might not be any support left for yourself, and you need to work on having stronger boundaries. You might be making too many sacrifices, and this gets in your way of progress. Remember to take care of yourself too, and get plenty of rest and more time alone. Reflect on the past, and work on issues that have made you feel insecure, and release. Nurture your intuitive side, and nourish your subconscious mind.

Ceres Retrograde Aspects

Ceres Retrograde to Natal Sun:

When Ceres retrograde is sextile or trine the natal Sun, this can be beneficial for finding new ways of getting and giving support, and having what you need. It's relatively easy for you to do so.

When Ceres retrograde is square or opposite the natal Sun, this can be difficult for having what you need, and you may feel deeply insecure and aware of how much you're missing. You may need to work on blocks and old issues.

When Ceres retrograde is conjunct the natal Sun, you can find different ways to nourish and support yourself, and you can reconnect with old resources, or find different ones that benefit you in a big way.

Ceres Retrograde to Natal Moon:

When Ceres retrograde is sextile or trine the natal Moon, this can be a beneficial time for finding different, new ways of getting and giving emotional support. You can feel more solid at home and more emotionally secure.

When Ceres retrograde is square or opposite the natal Moon, this can be a challenging time where you feel emotionally insecure, and that you

don't have enough. There may be deep emotional issues that need to be addressed regarding lack.

When Ceres retrograde is conjunct the natal Moon, there can be strong focus on your emotional security, and you can give top priority to having the emotional support you need. You can also be extra supportive of someone else, and may do so in a new way.

Ceres Retrograde to Natal Mercury:

When Ceres retrograde is sextile or trine natal Mercury, you can feel supported with your ideas in new ways, or you can come up with new ideas that get a lot of support. Communication can be more positive when approached from a different angle.

When Ceres retrograde is square or opposite natal Mercury, you may have difficulty seeing eye-to-eye with others, and there can be arguments, misunderstandings, and challenges over your ideas and plans. You may need to take a different approach and get a new perspective.

When Ceres retrograde is conjunct natal Mercury, you can find a new, different way of expressing your support, and you can get support for your ideas and plans in new ways. You can come up with new ideas and plans for improving support and access to resources, and your mind can be an asset.

Ceres Retrograde to Natal Venus:

When Ceres retrograde is sextile or trine natal Venus, this can be helpful energy for finding new ways of connecting with others, and you can bring new people into your life. You can take a different approach to your relationships and agreements.

When Ceres retrograde is square or opposite natal Venus, you may have trouble with the people in your life, and feel you're not getting enough support, or they're taking too much from you. You may need to work on balance and boundaries.

When Ceres retrograde is conjunct natal Venus, you can be super giving and caring in new, different ways, and you can focus on improving connections with others or reconnecting with people. You can have new resources and feel abundant in new ways.

Ceres Retrograde to Natal Mars:

When Ceres retrograde is sextile or trine natal Mars, you can make use of energy and drive in new ways to have the support you need, and you can find new resources that help you in different ways.

When Ceres retrograde is square or opposite natal Mars, you can be on edge about lack, feel like there isn't enough in some way, and can be

frustrated if you feel you aren't being fairly compensated. You can lash out, and this can cause more issues.

When Ceres retrograde is conjunct natal Mars, you can feel inspired to take a new, different approach to expressing support, giving support to others, and getting support for yourself. You can take the initiative, and can take action in different ways.

Ceres Retrograde to Natal Ceres:

When Ceres retrograde is sextile or trine natal Ceres, you can find support and feel nourished in different ways, and it can be easier for you to take a different approach to using resources or accessing new ones.

When Ceres retrograde is square or opposite natal Ceres, there may be issues around lack, and you may find that old issues are exposed. This can be an opportunity to work on them, but there may be deep discomfort in the meantime.

When Ceres retrograde is conjunct natal Ceres, this means you're having three Ceres Returns, once before, during, and after the retrograde. This can be a huge time for you when it comes to feeling nourished, getting and giving support, the resources you have, and abundance in your life. You can experience major changes and see important developments in your life.

Ceres Retrograde to Natal Jupiter:

When Ceres retrograde is sextile or trine natal Jupiter, you can find new, different ways of expanding your life, having new resources, and using resources you have. You can be more optimistic about abundance in your life.

When Ceres retrograde is square or opposite natal Jupiter, you may have to work on controlling excess. You may go too far to get the support you need, or to give support to others. You may need to work on moderation.

When Ceres retrograde is conjunct natal Jupiter, this can be a big opportunity to increase abundance, resources, and your finances, in new, different ways. You can find more security and support.

Ceres Retrograde to Natal Saturn:

When Ceres retrograde is sextile or trine natal Saturn, this can make it easier to maximize your resources in new, different ways. You can be more productive and responsible.

When Ceres retrograde is square or opposite natal Saturn, you may feel extreme lack, and issues around lack, not having enough in some way, can feel much stronger and you feel more insecure about it. There may be lessons to learn that can help you down the road.

When Ceres retrograde is conjunct natal Saturn, you may feel you don't have enough, and old issues around lack can pop back up again. There may be something important for you to learn around having enough, or feeling like enough.

Ceres Retrograde to Natal Uranus:

When Ceres retrograde is sextile or trine natal Uranus, you can find new, different ways of having the resources you need, and the resources you need may be different as well. Changes can prove to be beneficial in many ways.

When Ceres retrograde is square or opposite natal Uranus, you may struggle with unexpected developments or changes that make you feel unsupported or like you don't have enough. You likely need to go about it in a different way from usual, and step outside of your comfort zone.

When Ceres retrograde is conjunct natal Uranus, you can focus on making important changes to getting and giving support, your resources, or financially. You can adapt to changes more easily, and take new, different approaches.

Ceres Retrograde to Natal Neptune:

When Ceres retrograde is sextile or trine natal Neptune, you can feel more spiritually abundant, and can take new, different approaches to

getting and giving spiritual support to others. You may do so quietly, without wanting attention.

When Ceres retrograde is square or opposite natal Neptune, you can see resources dissolve, and may feel karmic or spiritual baggage around abundance, lack, and having enough that needs to be worked on.

When Ceres retrograde is conjunct natal Neptune, you can feel spiritually abundant, but may also feel karmic issues around abundance that need to be addressed. You may have difficulty seeing this though, and there can be foggy energy that makes you more vulnerable.

Ceres Retrograde to Natal Pluto:

When Ceres retrograde is sextile or trine natal Pluto, this can help you find more power and control in new, different ways, which help you feel more secure. You can feel more at ease with intimacy, and able to get below the surface of matters.

When Ceres retrograde is square or opposite natal Pluto, you may struggle with having what you need, experiencing power struggles and fights over control. You may need to hold your position, but also make sure you're seeing things clearly.

When Ceres retrograde is conjunct natal Pluto, you may embark on an important transformation with your resources, finances, how you get or

give support, or feel abundant. You may need to take control, and this can be powerful and enlightening.

Article: Why Preparing For Mercury Retrograde Helps

Mercury retrograde can be a trying time, and we often experience all manner of mishaps and frustrations during this time. It can be so frustrating that you may think there's no point in preparing for Mercury retrograde. You're just going to get screwed anyway! But that's not true (well, yes, sometimes you will get screwed anyway, but for the most part, you can work to avoid it or mitigate the damages).

Why should I prepare for Mercury retrograde?

By preparing for Mercury retrograde, **you can see when trouble spots may present themselves**. You learn which aspects will be difficult for you, and which you need to prepare for. By knowing the aspects, you can determine how to deal with them.

Mercury is going to square your Pluto? Pluto is passionate energy, so you know you need to have a healthy, positive outlet for the high energy to avoid power struggles. Mercury is going to oppose your Venus? Venus rules the people in your life, so you know you need to be more considerate, compromising, and work on improving relationship issues.

By knowing the house(s) Mercury retrograde will occur in, you know what areas of life are going to be targeted most. This allows you to come up with plans for dealing with any issues or making adjustments

quickly with those areas of life before the retrograde starts, so it's not so bad. And you can plan to use the re-'s of Mercury retrograde - redo, revise, revisit, reconnect, etc. - with those areas of life during the retrograde so you make the retrograde a positive experience.

Mercury's going to retrograde in your 2nd house? Stash some money in case of an emergency, and spend time reconnecting with the present. Mercury's going to retrograde in your 9th house? Make some room and give yourself some extra space, and work on expanding something again.

It may feel better to just ignore when these things are happening, but that doesn't make the planets happy at all. Ignoring it usually makes retrogrades worse! So always keep your eye on what's happening, and work with the energy as best as you can.

Virtually all of the hard, difficult, challenging astrological events that you can experience have the ability to be mitigated and turned around if you get prepared, know it's coming, and know how to handle it. So the next time you think there's no point, remind yourself that isn't true!

And remember, **if you ignore the challenging energy, you're not just missing out on a potential opportunity to make things better with that - you're also likely ignoring the beneficial energy.** Don't do that to

yourself! Be strong, and face it directly. The planets will give you a lot of respect for that, and help you out.

Article: Mercury Retrograde Preparedness

5 Ways to Prepare for Mercury Retrograde:

Take stock of what the retrograde will do for you personally, and research what are some positive ways you can make use of the energy (so see the house(s) being impacted, aspects he'll make, and how you can work with the energy). This is something you should do with every retrograde so you can emerge as unscathed as possible. Prepare yourself for the hard aspects especially, because these can be the most difficult to control. And know that while you can control your own actions and decisions, you can't control other people's, so try to have a LOT of extra patience.

Mercury retrograde likes to cause a lot of stress, so it's important with every Mercury retrograde to **make sure you have an outlet for stress** or some way to manage it that is healthy and positive. This tends to be what does all of us in. The stress alone slays us! So before it even begins, make sure you have a stress plan in place. If you get stressed out, what is something you can do right away to mitigate it? Come up with various ideas for various situations so you're prepared whether you're alone in your car, at work with your boss, or at home at a family dinner. It may be as simple as learning a breathing exercise.

Mercury is ruler of daily life, so we often get thrown off with the everyday stuff. Another way to prepare is to **give yourself extra time for the things you know you'll have to do** during Mercury retrograde. If you leave anything to the last minute, you have a much higher chance of that blowing up in your face. You can't do this for everything since there's always something that comes upon you fast, but the things you can prepare extra time for, you should.

Mercury is also ruler of health, so one of the ways I like to deal with Mercury retrograde is to **do something good for my health** during every Mercury retrograde. This can be an excellent time for routine maintenance and making sure you're on top of everything. I like to do a round of EFT during every Mercury retrograde to clear out the energetic sludge that builds up; whatever you're into, go for it, and you can use the retrograde as a reminder to get routine checkups and shots and such.

Routine maintenance doesn't have to apply to your health either - you can also use Mercury retrograde to do maintenance on your car (great reminder to get your oil changed!), your home (clean out your closets, garage, fix that hole in the shower floor), and your technology (clear out your inbox, organize your files).

Article: The Bright Spots During Mercury Retrograde

Mercury retrograde is often a period when everyone is running for the hills (ha!). It's one of the first things people often learn about astrologically as something they should be afraid of. Mercury retrograde often turns skeptics into believers because of the wonky developments it can bring.

But, there actually can be some bright spots during Mercury retrograde that contain positive energy you can use to your advantage.

3 Mercury Retrograde Bright Spots:

The first bright spot during Mercury retrograde is when a **new moon occurs during the Mercury retrograde in the sign the retrograde is occurring**. Sometimes, it can shine a light on the problems and ignite things a little more, but when you know it's coming and know what it's impacting in your chart (by sign and aspect), you can use it to your advantage. The energy available helps you to take some control during the retrograde and turn things around, if needed.

The second bright spot during Mercury retrograde is what's called **the inferior conjunction**. This occurs when the Mercury retrograde conjuncts (aligns with) the transit (moving) Sun. This happens during every Mercury retrograde, and the inferior conjunction can show a time

during the retrograde that is great for focusing on a new project, idea, plan that can be your focus for the next two months or so, or until the next time Mercury and the Sun conjunct after the retrograde is over (the superior conjunction). It can start with the inferior conjunction and culminate with the superior conjunction. You get bonus points if you focus on the areas of life ruled by the house the inferior conjunction occurs in your chart. This is where the positive energy can flow.

The third bright spot during Mercury retrograde is **when the retrograde sextiles or trines any of the transit planets**. Sextiles and trines are easy aspects, and therefore more easily positive, and when Mercury retrograde is making a sextile or trine to one of the other planets, this is a time when we can use the retrograde energy positively. To Venus, it can play out in our dealings with others; to Mars, we can take initiative more easily; to Jupiter, we can focus on opportunities; to Saturn, we can be more disciplined; to Uranus, we can embrace the unconventional or make changes; to Neptune, we can trust instincts and be imaginative; and to Pluto, we can find power and take control.

So, Mercury retrograde doesn't have to be dreaded! Sure, it can throw a ginormous monkey wrench in the machine of life sometimes, but even when it's being ornery, there are usually still some bright spots to find.

Article: Mercury Retrograde Conjunct the House Cusps

If Mercury retrograde conjuncts a house cusp, this can be an important trigger for an event or development in your life during the retrograde, so it's a period for you to pay close attention to.

Mercury Retrograde Conjunct the House Cusps:

If Mercury retrograde conjuncts your 1st house cusp, this can bring about a major setback or delay, something important needing to be redone, a big miscommunication or fight, or almost anything else since the 1st house rules you. Try to focus the energy of something you want a second shot at to mitigate it.

If Mercury retrograde conjuncts your 2nd house cusp, this can bring about a major financial development, and you have a financial issue to work out, a major transaction to perform, or a loss of money in some way. Work on your budgeting and stick to it to try to avoid difficulties. You can also be extra lazy, extra stubborn, and may lack confidence.

If Mercury retrograde conjuncts your 3rd house cusp, this is one of the houses Mercury naturally rules and governs communications, so there's usually going to be a fight or misunderstanding, lacking attention and

focus, or difficulties over your ideas and plans. You may need to make adjustments with your plans and be more open to new ideas.

If Mercury retrograde conjuncts your 4th house cusp, the house of home and family, you may experience a development at home (those leaking faucets and broken appliances!), or with family (some sort of setback or issue with them, or a fight or misunderstanding). Emotionally, you can be quite spent as well. Work on trying to give yourself more support and comfort. You may also experience a bottoming out of something or hitting a low point, requiring adjustments.

If Mercury retrograde conjuncts your 5th house cusp, you may end up in a situation where you get attention you don't want, make a bad impression in the spotlight, or lack attention you're looking for. You can get into fights or misunderstandings with loved ones, especially anyone you're dating (if you're dating someone at the time), or your children (if you have any), and a development can come about with them. Make sure you have creative outlets.

If Mercury retrograde conjuncts your 6th house cusp, you can experience a development with your work, needing to do a project over, missing a deadline, or getting into it with employers/employees. There can be an issue in your daily life, or you can experience a health issue, or feel sudden extra stress.

If Mercury retrograde conjuncts your 7th house cusp, you can experience a development in your relationships, with someone in your life, or see the re-emergence of an old enemy. You may feel unbalanced (sometimes literally) and indecisive. Work on maintaining some peace and harmony to manage it.

If Mercury retrograde conjuncts your 8th house cusp, this can trigger a development that stirs up something deep inside of you, some deeply held issue that you'd rather avoid, and you can be suddenly rageful. Work on small transformations and take baby steps. There can also be financial developments that impact others.

If Mercury retrograde conjuncts your 9th house cusp, you may experience sudden space you don't want/need, or experience sudden restriction. There can be an issue with learning, speaking, or writing, and you can experience travel issues, though this is good for traveling somewhere you've been before.

If Mercury retrograde conjuncts your 10th house cusp, you can experience developments with your career, goals, and ambitions, and experience setbacks or delays, make a bad impression, or are in the public eye, but not in a way you're comfortable with. You may be kicked down from a high place and experience a long fall (sometimes literally, so maybe avoid a ladder).

If Mercury retrograde conjuncts your 11th house cusp, you can experience developments in your friendships, in a group you belong to, or with your dreams. You may give up on a dream or friendship, or leave a group. Most often, this aspect triggers some sort of sudden, unexpected development or change you need to adjust to.

If Mercury retrograde conjuncts your 12th house cusp, this can trigger an ending of some sort, or you may need to let go of something or get rid of something. You can also become privy to a secret, expose a secret of your own, or something from the past can come back into your life. You can also experience an event or situation that feels a little like karma catching up to you.

Article: Surviving Mercury Retrograde in the Houses

As you start learning about astrology beyond your Sun sign, one of the things you learn about early with predictive astrology is Mercury retrograde. This astrological transit occurs 3-4 times every year for about 3 weeks at a time, and creates all kinds of problems!

Mercury is the planet of the mind, and rules communication as well as technology. That means when Mercury is retrograde, these things are thrown off, and that can impact pretty much everything.

A planet is called retrograde when it appears to move backward from our view here on Earth; it isn't actually moving backward, and just looks that way. The normal motion is forward, so the energy of the planet gets wonky. The Sun and Moon are the only planets that don't retrograde.

This tends to be most obvious with the retrograde of Mercury, Venus, and Mars, because they are personal planets, and we feel them in a very personal way. They also don't retrograde as much as the other planets, so retrograde motion is reeeally uncomfortable for them.

Mercury retrograde tends to impact the areas of your life ruled by the house it occurs in for you. Those areas of life can experience setbacks and delays, reversals, and extra challenges that seemingly pop up out of

nowhere. It's usually a time when we need to slow down or pause, reflect, and take stock.

But, if you have Mercury retrograde in your natal chart, you may actually thrive during Mercury retrograde! This is because the energy is natural to you, so you're zooming while we're flopping. (unless your natal Mercury retrograde is really strong - then it may feel like it's ALWAYS Mercury retrograde for you!)

Surviving Mercury Retrograde in the Houses:

Mercury Retrograde in the 1st House

This is the house of the self, so when Mercury retrogrades in your 1st house, you can feel like anything and everything goes wrong. It may be a little Murphy's Law - if it can go wrong, it does go wrong! You may lack patience, focus, and every little thing can get under your skin as you have all sorts of things to manage.

How to survive:

You need to be really patient with yourself! Try not to put a lot on your plate. Make room for the little unexpected problems that come out of the blue so you're not as stressed when they do arrive. Try to be more flexible and go with the flow. Spend time doing revising and redoing, editing and reflecting. This energy is best focused on a second chance,

so if there's something you want another shot at, see how you can make that happen.

Mercury Retrograde in the 2nd House

This is the house of money, so Mercury retrograde in your 2nd house most often impacts you financially. Little unexpected expenses can pop up, and you have to scramble. You may have a hard time with budgeting and keeping track of where it's all going. You may also feel stuck in some ways, which can frustrate you, and you may be more stubborn than usual.

How to survive:

It's important that you take time to press pause. Reconnect with the moment, with the present, and with the physical world around you. You don't need to be in a rush. If you feel stuck, try to see what it is that you might be missing. This can help get you unstuck. Grounding yourself can also be incredibly helpful. As for money, try to avoid big purchases, if you can help it; if you can't, review it many times so you can be confident you understand the transaction exactly. And get the warranty (you'll likely need it!).

Mercury Retrograde in the 3rd House

This is the house of the mind, so Mercury retrograde in the 3rd house can throw off your mental focus and hinder communication in a big way. This is one of the houses that Mercury rules, so you can expect to have

the typical Mercury retrograde problems amplified. Misunderstandings can be everywhere, and you can feel scattered but also anxious.

How to survive:

Your mind likely needs an outlet, so try to have a healthy outlet to channel your mental energy into. This can help you focus when you need to and not be so scattered. There's always a way out with the mind, so treat your mind well. Communication issues may have more to do with wires being crossed or not enough listening happening, so try to make sure you're being clear and listening. You can't expect others to understand you if you don't make a reciprocal effort.

Mercury Retrograde in the 4th House

This is the house of home and family, so Mercury retrograde in the 4th house can bring unexpected issues at home (things like outlets sparking and pipes bursting), or with family. This house rules emotions, so much of what happens can impact you emotionally, and you can be more sensitive. Old issues that impacted you emotionally can pop back up, and you may feel like you hit bottom in some way.

How to survive:

With this house connecting to emotion, it's important to give yourself emotional comfort and support. This may not be a good time to try anything too new or too different, or to push yourself outside of your comfort zone. Comfort and support is what you need, so do what feels

comfortable and spend time with the people who support you in a healthy way. Tackle some of the emotional issues that do pop up, and if anything is really triggering you emotionally, you may need to get honest with yourself about why that is, and look internally. This can be a great time to reconnect with family, go back to somewhere you lived before, or to start something from the ground up.

Mercury Retrograde in the 5th House

This house rules love, so Mercury retrograde in your 5th house can bring about issues with your loved ones. You may have misunderstandings or arguments, and they may annoy you more than usual. You may not have as much time for who or what you love, and can feel disconnected to your heart. You may want to avoid work to play, but responsibilities get left behind.

How to survive:

Balance needs to be struck between the work and chores and tasks that have to be done, and the fun that you want to have. You need to make time to enjoy yourself and be with those you love, and connect to your heart, but you also need to make sure what has to be done gets done. Both are important. In general, you can feel pretty good during this period, so try to keep that up, and reconnect with what you love.

Mercury Retrograde in the 6th House

This house rules work, daily life, and health, so Mercury retrograde in the 6th house can create problems for you at work, bring out issues with your work, or misunderstandings with people you work with or for. If you don't like what you do, you can really hate it. There may be lots of little things in daily life that come up and need your attention, and you may be so busy that you're super stressed. There can be little health issues that pop up, adding to stress.

How to survive:

If you hate what you do, you may want to try to do something else. If a new job isn't an option, then you'll need to make sure you're doing something on a daily basis outside of work that you do love, so you can manage what you don't a little better. Leave room for the unexpected in your schedule, and try to maintain some structure and order as best as you can when the little things pop up. Maintain your health as best as you can as well, and it's a good time for routine maintenance. And have a healthy outlet for stress you can do quickly so you don't get stuck in the stress.

Mercury Retrograde in the 7th House

This is the house of relationships and others, so Mercury retrograde in the 7th house can create all sorts of issues with the people in your life. You may have more misunderstandings and fights, and any existing issues you have with others can get magnified. You may be more

indecisive than usual, and feel out of balance or surrounded by chaotic people.

How to survive:

Patience is required when dealing with others, but also try to have some boundaries so you're not just dealing with one drama person after the next. Get some time away to restore peace and quiet. Try to find some balance with your focuses, and the peace coupled with balance can help with making you more decisive. Look at your relationships and partnerships, and see what can be improved. This can cut down on problems. Some issues may not be improved though, so you may need to make hard decisions there.

Mercury Retrograde in the 8th House

The 8th house is where we hold our deepest darkest selves, so Mercury retrograde in the 8th house can stir that up. You may have to deal with things that you've been running from, there may be inner demons that resurface, and your emotions can be extreme, swing around, and you can get obsessed, fearful, or enraged easily.

How to survive:

It's best to face what you're running from, and seeing it in the cold light of day. Reality can help you see what you haven't before and find solutions so you can be rid of it once and for all. A transformation might need to be embarked on, and this can be deep and profound, but

ultimately positive and lasting. If something gets to you emotionally, this may be trying to show where you should focus. Passions can run high, so try to find ways to use that energy productively instead of blowing up. Bring some light into your life so you don't get lost in the dark.

Mercury Retrograde in the 9th House

This house rules beliefs, so Mercury retrograde in the 9th house can bring some issues with your beliefs. You may hold to them too tightly, and this can make you preachy and closed-minded; or you may question them entirely, and this can feel very personal to you. You may think a little too big or not big enough, and you may be too optimistic or not enough.

How to survive:

Maintain an open mind. You're not more of a believer if you're pushy about it, so don't be. If you're questioning your beliefs, there may be a good reason why, so think about whether or not the beliefs you've had really line up with who you are now. Stay open to opportunities, especially for second chances, and try to look at the bright side in a realistic way. This can also be good energy for learning, teaching, writing, or speaking.

Mercury Retrograde in the 10th House

This house rules your goals and direction, so Mercury retrograde in the 10th house can get you off track. You can experience setbacks and

delays when it comes to pursuing your goals, and you may question the direction you're going in. You may get attention you don't want, and can get kicked down from a high place (sometimes literally, so stay off ladders!).

How to survive:

Leave room in your plans for your goals for the unexpected to pop up. Remain flexible, and if a better way is presented to you, look at it logically and rationally. If you're experiencing setbacks or delays, this may be because you're not doing things right in some way and need to change that, or you aren't really as invested as you think and may need a whole other goal. This can be good energy for picking back up old goals or reconnecting with old bosses or mentors.

Mercury Retrograde in the 11th House

This house rules your dreams for the future, so Mercury retrograde in the 11th house can make you question those dreams. You may lose hope that it's possible, and can be pessimistic about the future. You may want change that isn't possible yet, or experience changes you don't want. This house also rules friends and groups, so there can be misunderstandings with friends or groups you belong to, and you can be more uncomfortable with groups or the masses.

How to survive:

Try to be realistic about your insecurities around your hopes and dreams for the future. The insecurities may be linked to something else, so work on that. Try not to make big decisions about your hopes and dreams until after the retrograde ends. Be flexible with changes that are out of your control, and patient with the ones that are. Reconnect with old friends or groups, and do something good for the world. Existing issues in friendships may be amplified, and you can work on improving or letting go.

Mercury Retrograde in the 12th House

This is the house of the hidden, the subconscious, the past, and endings, so Mercury retrograde in the 12th house can drain energy in a big way, and you may constantly feel exhausted mentally, emotionally, physically, and spiritually. Subconscious issues, motivations, and desires can become more of a problem, and the past can come back to bite you.

How to survive:

Make plenty of room for breaks, rest, and naps, as much as you can.

Everything can be draining on you, so you need to rest. Try to have healthy boundaries with others so you're not being drained even more.

Tend to your soul needs, and get some quiet time. If you become aware of subconscious issues, work on them. Try not to run from them, or they'll come back again and again. With this being the last house and ruling endings, this can be an important period for clearing out, releasing, moving on, and ending something important.